

**SOUTH KING COUNTY**  
**CHURCH/COMMUNITY MEALS/SHOWERS/LAUNDRY/MEDICAL**

Revised 9/18/23  
UPDATES: fwccn.org

**MONDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK, CLINIC 10:00AM – 3:00PM  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**FREE MEALS**

**FIRST UNITED METHODIST CHURCH** - 100 N. St., AUBURN – (253) 833-3470  
MEAL - 4:30 – 5:30 PM.

**KENT LUTHERAN CHURCH** - 336 2<sup>nd</sup> Ave S. Kent (253) 852-2057  
HOT MEAL 5:00PM – 6:00 PM.

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way  
LUNCH BAGS 11:00AM -1:00PM

**CHRISTIAN FAITH CENTER** - 33645 20<sup>TH</sup> Ave S. Federal Way  
MEAL 5:00PM – 6:00PM

**TUESDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK, CLINIC 10:00AM – 3:00PM  
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**FREE URGENT MEDICAL CARE FOR THE UNINSURED**

**CHRIST COMMUNITY FREE CLINIC** - 1 'A' St. NW, Auburn (253) 736-2634  
BY APPT. – 5:00PM-8:00PM

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way  
LUNCH BAGS 11:00AM-1:00PM

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

**WEDNESDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK, CLINIC 10:00AM – 3:00PM  
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**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way - LUNCH BAGS - 11:00a - 1:00p

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

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**THURSDAY**

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SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

**FRIDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
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**FREE MEALS**

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

**SATURDAY**

**FREE MEALS**

**CHURCH OF THE GOOD SHEPHERD & ST. VINCENT DePAUL COMMUNITY MEAL**  
345 South 312<sup>th</sup> St. (253) 839-6100 MEAL – 1:00PM - 2:00 PM

**GENERAL INFORMATION – MULTI-SERVICE CENTER FEDERAL WAY – (253) 838-6810**

MSC provides help, hope, and change for our community members in need. We offer resources in employment, education, housing, and energy assistance. Food Bank Office Hours – Monday – Friday 8:30AM – 5:00PM – (253) 838-6810